

Presented by Health Projects Center's
Del Mar Caregiver Resource Center
and Jovenes de Antaño



***Are you caring for
an elderly family
member?***

Join us for...

Caregiver University

A Day of Learning and Sharing 2010

Saturday, April 10

9:00 am - 1:00 pm

Registration and Continental

Breakfast 8:00 - 8:55 am

Hollister Community Center,
300 West Street, Hollister

FREE EVENT!

Lunch included after event

Visit our Community Resource Booths

Workshops presented by local experts:

- Understanding Dementia, Memory Loss & Alzheimer's Disease
- Legal & Financial Issues: Advance Directives, Power of Attorney, Estate Planning
- Stress Management Strategies for Caregivers

Workshops will also be offered in Spanish.

**Transportation and respite care
may be available. Call 831-637-9275
for more information.**

Event Sponsors:



HEALTH PROJECTS CENTER

Sponsor of the Del Mar Caregiver Resource Center



Jovenes
de Antaño

Pre-registration required by April 2. Seating is limited.

For information or to register, call

831-637-9275